



Superior Court of California
COUNTY OF ALAMEDA

**COVID-19 PRECAUTIONS:
EVERYDAY ACTIONS TO SLOW THE SPREAD**

Interim Guidance for the Prevention of COVID-19 as of Friday, March 13, 2020



AVOID CONTACT: Avoid contact with those who are ill. When a member of your household is sick, minimize close contact as much as possible. Consider alternatives to shaking hands and **practice social distancing**. While using court facilities:

- Maintain a 6-foot distance from others when possible.
- Sit every other seat in the courtroom and jury rooms, if available.
- Try to limit the number of individuals on a single elevator.
- Maintain recommended distance while in line.



WASH YOUR HANDS: Wash your hands often with soap and warm water for at least 20 seconds. Use hand sanitizer, if soap and water are not readily available.



COVER COUGHS AND SNEEZES: Cover coughs and sneezes with a tissue, then throw the tissue in the trash right away. If you don't have a tissue, cough into your elbow.



CLEAN AND DISINFECT SURFACES: Clean and disinfect frequently touched objects and surfaces like phones, keyboards, and doorknobs with household cleaning spray or a wipe.



STAY HOME WHEN SICK: When you're sick, stay home. Avoid school, work, and public places to prevent spreading illness to others.

CDC Website Link: www.cdc.gov/coronavirus/2019-ncov/index.html
Court COVID-19 Website: www.alameda.courts.ca.gov/Pages.aspx/COVID-19